

African Powerlifting Federation

Record Certificate

This is to certify that

Julien Balangwe Bakinien

Of the nation

Cameroon

On the 23rd day of June 2024
achieved a Bench Press of 182,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2024 World Classic Open Powerlifting Championships
in Druskininkai, Lithuania

This constitutes an African Record
in the -93kg weight division, Classic Men's Open class.

Dated this 23rd day of June 2024



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton

